Cottage or Cumberland Pie

750 gms potatoes
25g butter
50ml milk
25g grated cheese
250 gms (8 ozs) mince
1 onion
1 carrot
1 stock cube dissolved in 150ml water
1 tsp Worcester sauce
Salt and pepper
YOU MUST BRING AN OVENPROOF DISH TO COOK THIS IN



- 1. Peel potatoes, cut into even sized chunks and boil until soft. Mash then add butter and milk and beat with wooden spoon.
- 2. Fry onion and mince until brown. Add rest of ingredients and season with salt and pepper. Bring to the boil, reduce the heat and simmer for 20 minutes.
- 3. Thicken with 1 tsp cornflour mixed with 2 tbsp cold water. Cook for further two minutes
- 4. Pour mince into dish.
- 5. Use a piping bag to neatly pipe the mash over the mince to create a tidy looking professional finish.
- 6. Sprinkle with cheese if using. Bake for 20 minutes or until golden brown.

Adaptations:

A Cumberland pie uses beef, contains carrot and is sprinkled with grated cheese. Cottage pie is a Cumberland pie without the carrots and cheese. Shepherds pie is a cottage pie made with minced lamb. You can use whichever minced meat you prefer – or bring quorn or mixed vegetables.

You can add a sweet potato to the potato for the topping.